

DIPLOMA OF AROMATHERAPY

As growing numbers of professional therapists integrate complementary health care modalities into their work practices the demand for well-trained Aromatherapists grows steadily.

By studying with the IAA, the student is assured of enjoying the benefits associated with an established and proven industry standard of excellence at a national and internationally accredited level. This course offers lectures from highly experienced qualified practitioners and trained teachers, who offer first-hand tuition in both the theory and practice of Aromatherapy as an holistic, dynamic, healing profession.

Units of Study:- Distance Learning Component

- History of Aromatics
- How Aromatherapy Works
- Extraction and Adulteration
- Aromatherapy self-treatments

Units of Study:- Attendance Block 1 October 6-10, 2008 (Monday to Friday)

- Introduction and Review
- Aromachemistry
- Essential oil workshops covering 45 essential oils; carrier oils; hydrosols;
- Applied Aromatherapy Techniques including specialised Aromatherapy massage technique of Micheline Arcier
- Perform and analyse an Aromatherapy health assessment and plan an Aromatherapy treatment
- Maintain an effective health work environment

Units of Study:- Attendance Block 2 October 25-26, 2008 (Saturday & Sunday)

- Supervised Student Clinics
- Effective communication with clients
- Develop professional expertise
- Manage a practice
- Implement and monitor compliance with legal and ethical requirements

Units of Study:- Attendance Block 3 November 7-10, 2008 (Friday to Monday)

- Clinical Studies – clients with chronic diseases or conditions; life-challenging illness
- Orientation and training in aged care work
- Aromatic Aesthetics – study of Aromatherapy application for holistic skin care
- Manufacturing Workshop – Natural skin care products
- Undertake research project

Units of Study:- Attendance Block 4 December 10-12, 2008 (Wednesday to Friday)

- Supervised Student Clinics
- Referrals to other healthcare professionals when appropriate
- Final assessments

Prerequisites:-

Certificate IV in Massage Therapy (or equivalent)
First Aid Level II

Distance learning components:-

Completion of Aromachemistry
Nutrition – Basic dietary advice
Introduction to Herbal Medicine
Logbook completion
Case studies - apply specific Aromatherapy assessment and care

Delivery Modes:-

This course is offered in a live class format with distance learning components

Course Duration:-

The course extends over an approximate 6 month period with some units being completed by distance learning integrated over that period. The live classes are delivered over 4 Blocks of attendance commencing October 6, 2008.

Assessment:-

- Ongoing written assessment including theoretical tests, assignments, case histories
- Practical assessment including clinics
- Research and experiments

Course Materials:-

The Practice of Aromatherapy, Dr. J. Valnet
The Art of Aromatherapy, Tisserand, R.
Chemistry of Aromatherapeutic Oils, Bowles, E.J.
Essential Oils in Therapeutic Care, Dunning, T.

Accreditation:-

Australian Traditional Medicine Society (Provisional)
International Federation of Aromatherapists

Award:-

Diploma of Aromatherapy

Career Opportunities:-

Whether you are considering Aromatherapy as a career change, as a dynamic addition to other qualifications or as a business opportunity, the Aromatherapy training for Practitioners, taught in this course as a respected healing modality, is the perfect choice.

Students come from a wide range of professional backgrounds, whether they be in Massage Therapies, Nursing, Psychology, Counselling, Naturopathy, Spa Therapies, etc.

Investment:-

\$4,500 if payment is made prior to 1 September 2008.

Alternatively: Payment Plan spread over course duration

Deposit: \$1200 by 1 September 2008

Balance: 3 equal monthly payments of \$1265 by 01/10/08, 01/11/08 & 01/12/08.
(includes 10% admin fee of \$495)

Please note: Late payments incur a 10% charge.

Next intake: September 2008

Preparatory Distance Learning Unit

2008 Dates for Live-class blocks:-

1. October 6-10 (Monday-Friday)
2. October 25-26 (Saturday-Sunday)
3. November 7-10 (Friday-Monday)
4. December 10-12 (Wednesday-Friday)

Pathways for ongoing education at *National College of Traditional Medicine (Melb.)*

Advanced Diploma of Western Herbal Medicine

Advanced Diploma of Aromatic Medicine (under development)